

## “MARITAL LOVE”: A COURSE FOR MARRIED COUPLES... YOUNG AND MATURE ALIKE



**WHO?** Family Development Foundation (FDF) is the UK affiliate of the [International Federation for Family Development \(IFFD\)](http://www.familydevelopment.org.uk), a non-profit organisation which offers support to marriages and families through training programmes.

**WHY?** Inspired and run by married couples who saw the challenges currently being faced by marriages. They decided to create a supportive space for couples to share their thoughts, ideas and learn how to strengthen their relationship and deepen their personal growth. It is based on a belief that marriage is a life project that needs to be taken with responsibility, freedom and love – and thus requiring knowledge and tools to achieve greater marital happiness.

**WHAT?** Topics include: Love bond, Marital communication, Work and family, Family life, Sexual persons

**HOW?** The courses use the “case-study method” a non-prescriptive approach, which encourages couples to discuss real-life situations described in fictional cases, in a supportive atmosphere of small teams and at general sessions moderated by experts, where everyone’s opinions are valued and respected.

**WHEN?** Courses take place over 5 sessions, on a monthly basis (Saturday afternoon). The next **MARITAL LOVE course will start on 11<sup>th</sup> November 2017** in Richmond. It will involve a moderated session lasting approx. 1.5 hr, preceded by a meeting in a small team.

**WHERE?** St Elizabeth of Portugal Church, The Vineyard, Richmond TW10 6AQ (the Crypt downstairs)

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**A TASTER SESSION:** Interested? On **Saturday, 7<sup>th</sup> October 2017, at 6:30 p.m.**, there will be a 1hr **taster session** demonstrating the case-study method used in this course, followed by questions and answers (venue as above).

**CONTACT:** Email [info@familydevelopment.org.uk](mailto:info@familydevelopment.org.uk) or Phone: 07840182866 (Maria)

**REGISTER YOUR INTEREST (no obligation):** Go to <http://familydevelopment.org.uk/courses> and Select “Marital Love”